

COMMON PROTOCOL FOR THE USE OF A CHEMICAL PEELING

1. PREPARATION: clean the skin to eliminate the excess of grease and makeup.

Products recommended:

- NEF179** Soft soap or with AHA
- NEF279** Astringent Tonic
- NEF199** Degreaser
- NEF294** Mechanical Exfoliation
- NEF647** 8% Glycolic Acid Gel
- NEF204** 20% Glycolic Acid Gel

2. APPLICATION of chemical peeling

Precautions:

- » Protect sensitive areas with vaseline
- » Exclude the area around eyes and lips
- » In case of burning, place cold cloths in the treated area to relieve discomfort
- » Progressive application time, per session: 1-3min ▶ 7min ▶ 10min

3. NEUTRALIZATION if precise (depends on the acid or if the ph is less than 3.5). If not, remove with abundant water.

- NEF61** Neutralizer (Spray)
- NEF663** Neutralizer Versicolor (Gel) ^{New!}

4. BOOST (optional)

- NEF260** Retinol Cream 4%
- NEF296** Retinol Cream 10%

5. POST-TREATMENT. It is recommended to avoid complications or reduce the risk of hyperpigmentation.

It has a purpose:

- » To calm
- » To protect

** The absence of cutaneous disappearance does not mean null or low effectiveness*



AFTERCARE

In order to **maximize and extend the results** of a professional chemical peel, it is recommended to follow the treatment at home. This will be customized according to the patient (characteristics of the skin) and class (depth) of elaborate peeling. General recommendations:

1st and 2nd week: **treat** the dryness, erythema, itching and / or sensitivity caused.

- » Cosmetic products that calm and moisturize the skin are recommended. Those rich in Panthenol, Urea or Hyaluronic Acid stand out.

- » Topical products rich in antioxidants are recommended. Those containing Niacinamide, Ferulic Acid, Vitamin E and / or Vitamin C are predominant.
- » Photoprotectors (minimum one SPF 30) are essential.

From the 3rd week: **moisturize** and protect the skin

** To increase the absorption of peels, the use of retinol 0.25% (NEF298) 1 month before treatment could be recommended. The thickness of the stratum corneum is reduced, achieving a greater uniformity of application of the chemical peel (discontinue 2 weeks before treatment).*

** Optimal treatment: 6 sessions of progressive intensity.*



** Guideline protocol for use in specialised medical centres only.*

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Peelings
*Basic protocol for
a perfect treatment*

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CHEMICAL PEELINGS

The renovation your skin needs

Chemical peels are **topical treatments**, mainly formulated on acids, designed to **eliminate in a controlled way** the most superficial layers of the skin, stimulating cell renewal and improving significantly its appearance. The most remarkable clinical effect is rejuvenation.

Mostly are applied at **facial level**. Despite this, they are also highly effective for **body treatments**. In this case, the most common would be: **lactic acid, glycolic acid and TCA**.

They can be found in various cosmetic forms: **solutions, gels, creams or masks**.

CHEMICAL PEELING ADVANTAGES

- » Economic
- » Improves the appearance of the skin
- » Multiple uses
- » Safe and effective
- » They can be used on face and body
- » They can be combined with other techniques such as mesotherapy or dermabrasion

CLASSIFICATION BASED ON THE DEPTH OF ACTION

Very shallow

- » Glycolic acid 20-45%
- » Lactic acid 50%
- » Salicylic acid 20-30%
- » TCA <20%

Superficial ► Eliminates the stratum corneum (EC)

- » Glycolic acid 50-70%
- » TCA 20%

Medium (ADVANCED PEELS)

- » TCA 35-40%
- » TCA 35% Glycolic acid 70%

Deep (ADVANCED PEELS)

- » TCA > 40%
- » Phenol

FACTORS THAT INFLUENCE THE DEPTH OF A PEELING

- » Type of acid
- » Concentration
- » pH
- » Cosmetic texture and shape
- » Preparation of the skin (use of retinol or other acids)
- » Application time and number of layers
- » Application technique
- » Skin type (dry, oily, thin)

This variety of factors requires a diversity of products that allow the execution of **safe and effective treatments** for chemical exfoliation treatments.

To this end, in **Neftis Laboratorios** we have developed two main lines:

- » Monocomponents peels (with a single active)
- » Combined peels (with optimal mixtures of acids)

Both lines allow professionals and users the application of exfoliation treatments with **perfect results for each different skin**.



COMBINED PEELINGS

* ⇒ Legislative restrictions by country

REF	PRODUCT	COMPOSITION (%)										USE	pH	DEEP	
		SA	GA	LA	KJ	AZ	CIT	ARG	MA	FE	OTHERS				
NEF256	ARGININE			18				20				Urea 5, Aloe Vera 1	Detoxify, Hydrate, Rosacea	> 3	↑ Superficial
NEF241*	FERULIC COMPLEX 8%			4,5			2			8	Malic 3, Vit A 0,2	Antioxidant, Illuminator	< 3		
NEF241	FERULIC COMPLEX 2,5%			4,5			5			2,5	Malic 5, Vit A 0,2	Antioxidant, Illuminator	< 3		
NEF261*	LACTIC COMPLEX			72							DMAE 11	Hydrate, Firming, Illuminator	< 3		
NEF29*	PHOTO-AGING	2		12			8					Anti-Acne, Seborrhic Skin, Rosacea	< 3		
NEF30*	REJUVENATING			4,5							Piruvic acid 40	Anti-Wrinkles, Hydrating, Rough Skin	< 3		
NEF60*	SHINE REMOVING	20					10				Urea 5	Anti-Acne, Seborrhic Skin, Hydrate	< 3		
NEF31*	ANTI-ACNE 20% SA	20					14					Anti-Acne, Seborrhic Skin	< 3		
NEF31*	ANTI-ACNE 2% SA	2					14					Anti-Acne, Seborrhic Skin	> 3		
NEF258	WHITENING K COMPLEX	2	34	9	5		5				Vit C 0,5	Depigmenting, Anti-Wrinkles	< 3	Superficial	
NEF259	WHITENING KHR COMPLEX	2	34	10	5		10				Vit C 0,5, Hexylresorcinol 2	Depigmenting, Anti-Wrinkles	> 3		
NEF243*	ANTISPOT WHITENING COMPLEX	2	0,5	9	5		10				Hexylresorcinol 2	Depigmenting	< 3		
NEF666	CITRIMAC PEEL						30		20			Acne Non-Cystic, Rough Skin, Dullness	< 3		
NEF314*	FLORIDA PEEL COMPLEX	14		12	3	5	10				Hexylresorcinol 1	Depigmenting	< 3	Deep	
NEF315*	FLORIDA PEEL - SA 30%	30									Aloe Vera 0,2, Vit A 0,01	Anti-Acne	< 3	Superficial	
NEF776*	VIVINOL PEEL										4-Butylresorcinol 10	Anti-Acne, Depigmenting	NP		
NEF754*	ACNE SCAR REMOVAL	2	10	9			5				4-Butylresorcinol 14	Anti-Acne	< 3		
NEF390*	LACTOBIONIC PEEL		8								Lactobionic acid 5	Hydrate, Rough Skin, Illuminator	> 3	↑ Superficial	

SA = Salicylic acid GA = Glycolic acid LA = Lactic acid KJ = Kojic acid AZ = Azelaic acid CIT = Citric acid ARG = Arginine

MONOACID PEELINGS

* ⇒ Legislative restrictions by country

PRODUCT	USE	pH	COMPOSITION (%)									
			10	15	20	25	30	35	40	50	70	
MANDELIC ACID	Sensitive skin, rosacea, acne, skin rejuvenation, dullness	< 3						NEF293.02		NEF192/20170921/1	NEF604.02*	
		> 3					NEF318/20150701/1		NEF649.02			
LACTIC ACID	Dry skin, rosacea	< 3						NEF191/20140603/1		NEF294/20150602/1*	NEF295/20150602/1*	
		> 3					NEF317/20150701/1		NEF583/20170213/1*	NEF282/20150427/1*		
PYRUVIC ACID	Anti-wrinkles, dry skin, irregular tone, rugged texture	< 3								NEF193/20160902/1*		
		> 3					NEF319/20150701/2*					
SALICYLIC ACID	Sensitive skin, rosacea, acne, skin seborrhea, hyperpigmentation	< 3					NEF270/20150311/1*		NEF62/20130403/1*			
		> 3	NEF284/20150427/1*									
GLYCOLIC ACID	Acne, rough texture, hyperpigmentation, photoaging	< 3				NEF204/20140704/1			NEF188/20140603/1		NEF189/20140603/1	NEF190/20140603/1*
TCA	Depigmenting, enlarged pores, blackheads, scars post-acne, wrinkle photoaging face and hands	< 3					NEF216/20140910/1*		NEF245.02*			NEF325/20140720/1*



Post-treatment - Retail use

Treat and Calm

- » **NEF121** Gel-Cream Recuperative: Aloe Vera 10%
- » **NEF626** Serum Soothing with Hamamelis extract

Photoprotectors

- » **NEF557** Cream SPF30
- » **NEF555** Cream SPF50